



## NARCOTICS ANONYMOUS

Just For Today - Daily Email Service



<http://www.jftna.org.nz/>

### Subscribe to the Just For Today Daily Meditation Email Service

The Just For Today mailing list service sends out an email each day containing that day's meditation. This is a service provided by NA World Services in response to numerous fellowship requests.

- JFT +12 - New Zealand Standard Time (GMT +12)
- JFT +11 - Solomon Standard Time (GMT +11)
- JFT +10 - Australia Eastern Time (GMT +10)
- JFT +9 - Japan Standard Time (GMT +9)
- JFT +8 - China Taiwan Time (GMT +8)
- JFT +7 - Vietnam Standard Time (GMT +7)
- JFT +6 - Bangladesh Standard Time (GMT +6)
- JFT +5 - Pakistan Lahore Time (GMT +5)

These lists are only used to email the Just For Today daily meditation, email addresses are kept private.

Copyright © 2009, NA World Services, Inc. All rights reserved.